

How to Find Your Ring Size

Print the Guide

Begin by printing this document on A4 paper at 100% scale. To confirm the scale is accurate, use the line at the bottom of the page as a reference—its length should measure exactly 160 mm.

Use a Ring You Already Own

Take a well-fitting ring and place it over the circles in the guide. Find the circle whose outer edge aligns perfectly with the inside edge of your ring.

Identify Your Size

The number that best matches your ring is your size. If you're between two, we recommend selecting the larger for comfort. Use this measurement when placing your order.

Request a Complimentary Ring Sizer

If you're uncertain, I can send you a ring-sizer. Contact me at info@sherylin.ch to get one.

Before Measuring Your Finger

- Avoid measuring when your hands are cold or overly warm, as this can affect the result, cold fingers can measure up to half a size smaller.
- For the most accurate reading, measure your finger at the end of the day when it's at its largest.

Ensuring the Right Fit

Your ring should feel comfortable: snug enough that it stays on securely, but loose enough to slide over your knuckle without resistance. Remember, your dominant hand can differ in size, and wider bands often feel tighter, if you're choosing a thicker ring, consider sizing up slightly.

A	B	C	D	E	F
38	39	40	41	42	43
G	H	I	J	K	L
45	46	47	48.5	49.5 XS	51
M	N	O	P	Q	R
52	53.5 S	54.5	56 M	57	58 L
S	T	U	V	W	X
59.5	60.5	62 XL	63	65	66
160 mm					

Size Guide

Sherylin Size	EU Size	UK Size	USASize	Circumference (mm)	Diameter (mm)
	38	A	0.5	37.8	12.04
	39	B	1	39.1	12.45
	40	C	1.5	40.4	12.85
	41	D	2	41.7	13.26
	42	E	2.5	42.9	13.67
	43	F	3	44.2	14.07
	45	G	3.5	45.5	14.48
	46	H	4	46.8	14.88
	47	I	4.25	48	15.29
	48.5	J	4.75	48.7	15.49
XS	49.5	K	5.25	50	15.9
	51	L	5.75	51.2	16.31
	52	M	6.25	52.5	16.71
S	53.5	N	6.75	53.8	17.12
	54.5	O	7.25	55.1	17.53
M	56	P	7.75	56.3	17.93
	57	Q	8.25	57.6	18.34
L	58	R	8.75	58.9	18.75
	59.5	S	9.25	60.2	19.15
	60.5	T	9.75	61.4	19.56
XL	62	U	10.25	62.7	19.96
	63	V	10.75	64	20.37
	65	W	11.25	65.3	20.78
	66	X	11.75	66.6	21.18
	67	Y	12.25	67.8	21.59
	68	Z	12.75	68.5	21.79

SHERYLIN